

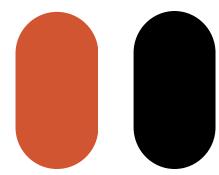
A photograph of a man with dark hair and a beard, wearing an orange Lacoste t-shirt, laughing heartily with his head tilted back. He is standing on a well-maintained green lawn in front of a modern building with large glass windows and doors. Several small trees and a low wall with potted plants are visible in the background. The overall atmosphere is bright and joyful.

Life's Amazing Secrets



# Secret 17: Ai as daily super power



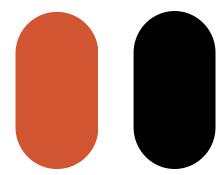


# How I Use AI Daily

- Thinking
- Writing
- Designing
- Building
- Speeding up execution



# ChatGPT Secrets



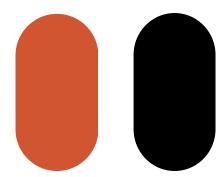
# Think out loud. Let AI structure it.

- Use voice instead of typing
- Dump raw thoughts
- Faster than writing
- More natural thinking

# Using Data with ChatGPT

*You can paste:*

- Notes
- WhatsApp messages
- Meeting transcripts
- Ideas
- Bullet points



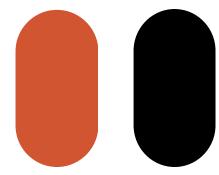
**Build without coding**



**Lovable**



Canva



*The future belongs to people who can think  
clearly and execute fast — AI helps with both.*