

A photograph of a man with dark hair and a beard, wearing an orange Lacoste t-shirt, laughing heartily with his head tilted back. He is standing on a well-maintained green lawn in front of a modern building with large glass windows and doors. Several small trees and a low wall with some plants are visible in the background. The overall atmosphere is bright and joyful.

Life's Amazing Secrets

Night Reflection

Let's take this as a 100 day challenge 💪

Date

Your answer



Story worthy 1*

Your answer

Story worthy 2

Your answer

Important Improvement Possible?

Your answer



Night Reflection

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#	Fitness score	Important Improvement...	Story worthy 1	Story worthy 2	Submission time	+	...
	39	Different ways to do it. Following the rules.	Following the rules.	Something I did well.	November 2, 2025 10:31 PM		
	32	Wrote the story.	Wrote the story.	Something I did well.	November 6, 2025 12:59 PM		
	36	Wrote the story.	Wrote the story.	Something I did well.	November 3, 2025 10:40 PM		
	32	Referred to the story.	Referred to the story.	Something I did well.	November 6, 2025 12:57 PM		
	35	Kept on doing the story.	Kept on doing the story.	Something I did well.	November 6, 2025 12:54 PM		



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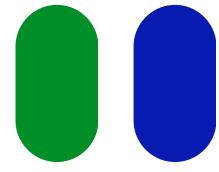


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Video player configuration error





Homework for life

Every day gives you a story. You just have to notice it.

A photograph of a man with dark hair and a beard, wearing an orange Lacoste t-shirt, laughing heartily. He is standing on a green lawn in front of a modern building with large glass windows and a balcony. The building is surrounded by several young trees and some low-lying greenery. The overall atmosphere is bright and airy.

Secret 2: Storyworthy Reflection