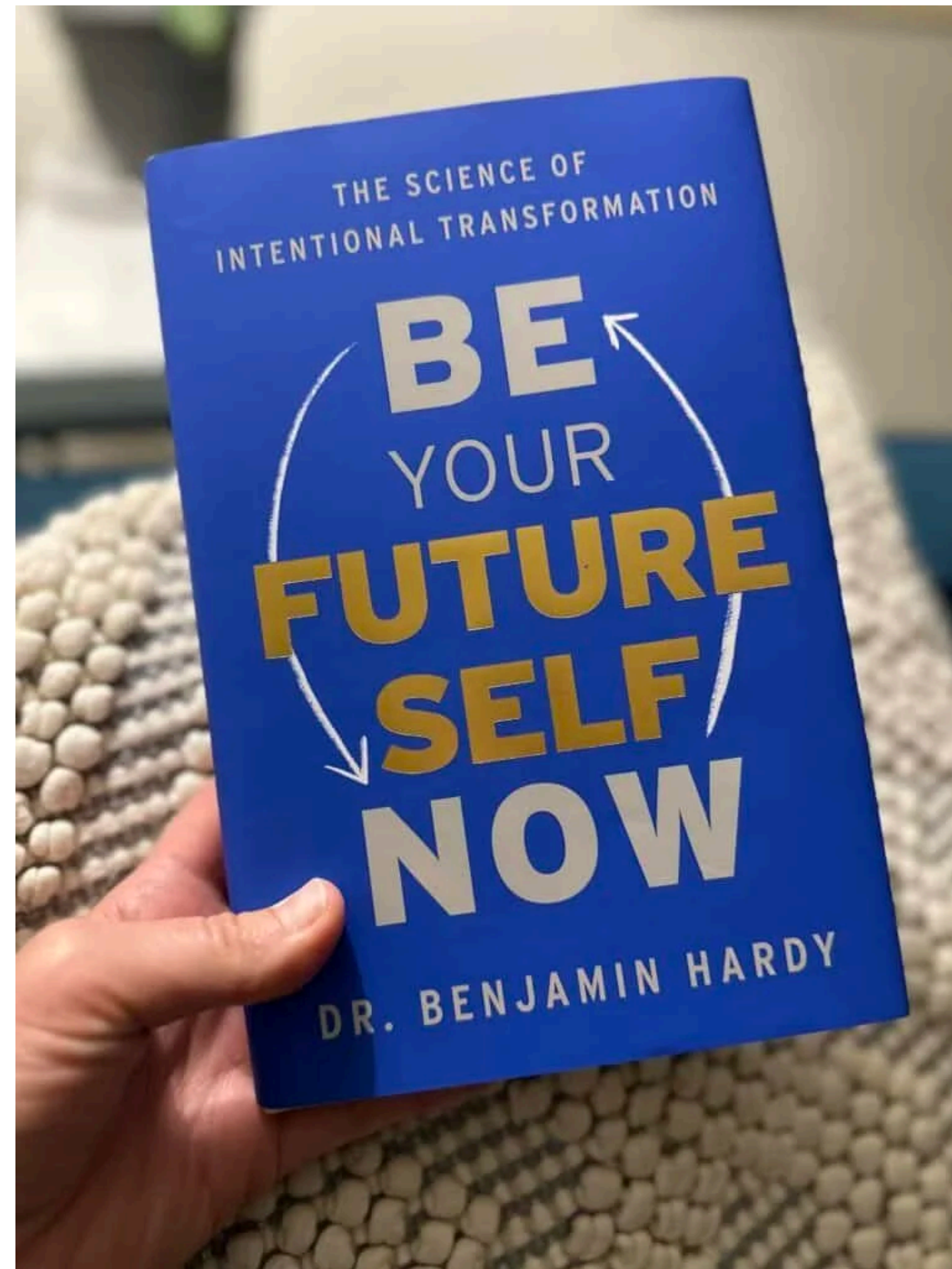


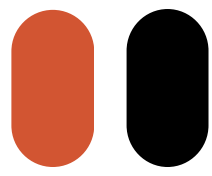
Life's Amazing Secrets



Secret 3: Be Your Future Self Now

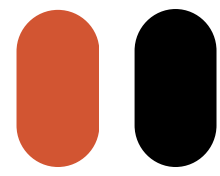






Future Self drives Present

Who you imagine yourself becoming influences your decisions today. When your Future-Self is clear and vivid, you make better choices now (health, habits, career).

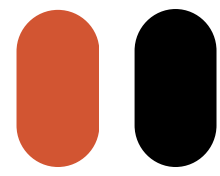


Clarify Contextual Purpose
Choose Top 3 Priorities



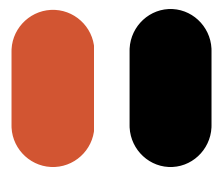
If you have more than three
priorities then you don't have any.

James C. Collins



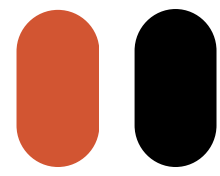
Eliminate Lesser Goals

Saying “No” to those helps maintain clarity & momentum.



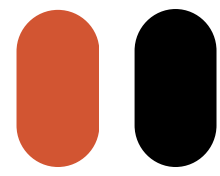
Move from Need → Want → Know





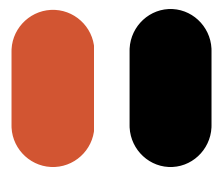
Schedule Time for Priorities

— Your Calendar Should Reflect Your Future Self



Schedule Time for Priorities

— Your Calendar Should Reflect Your Future Self



Finish Work

— Imperfectly but Consistently

Know that despite your best predictions, your Future Self will likely be far different than you anticipate. Life will teach you more than you expect. Your Future Self is wiser than your present self can imagine.

With your time capsule in place, be your Future Self now.

Being is the first step of doing.

Do what your Future Self will do.

Know that what you want is already yours.

Commit 100 percent to your desired Future Self.

Remove lesser goals.

< Turn every experience along the way into a gain.

Cheers to your Future Self.

Congratulations on the investment you made by reading this book.

Go now, and be your Future Self.