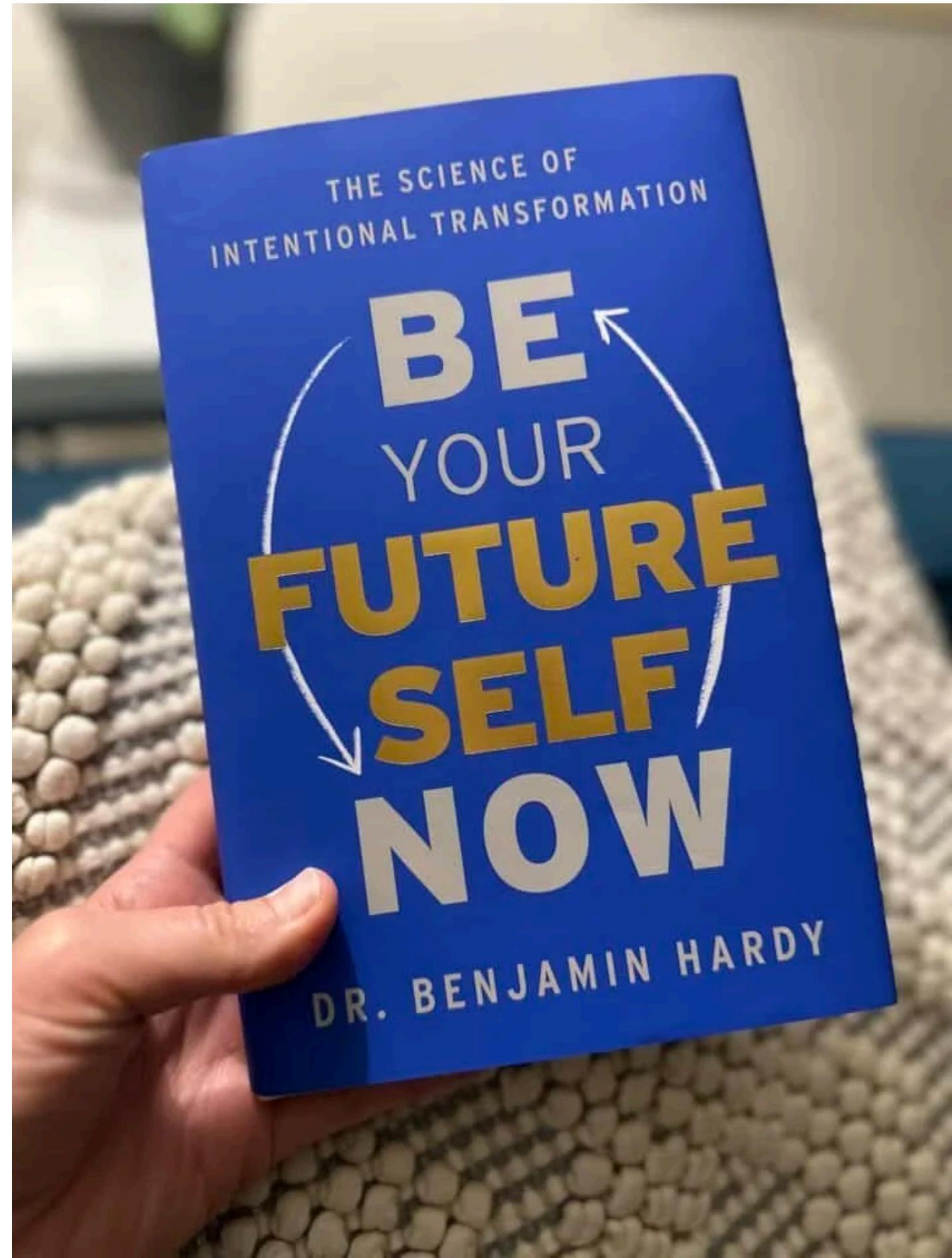


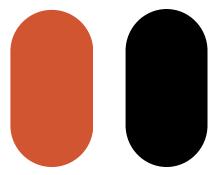
A photograph of a man with dark hair and a beard, wearing an orange Lacoste t-shirt, laughing heartily with his head tilted back. He is standing on a well-maintained green lawn in front of a modern building with large glass windows and doors. Several small trees and a low wall with potted plants are visible in the background. The overall atmosphere is bright and joyful.

Life's Amazing Secrets

A photograph of a man with dark hair and a beard, wearing an orange Lacoste t-shirt, standing in a lush green garden. He is laughing heartily, with his head tilted back and mouth wide open. The background features a modern building with large glass windows and doors, surrounded by trees and manicured lawns. The overall atmosphere is bright and positive.

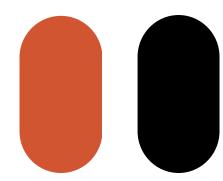
Secret 3: Be Your Future Self Now





# Future Self drives Present

**Who you imagine yourself becoming influences your decisions today. When your Future-Self is clear and vivid, you make better choices now (health, habits, career).**



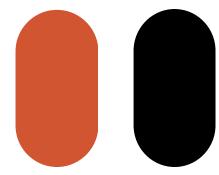
# **Clarify Contextual Purpose**

## **Choose Top 3 Priorities**



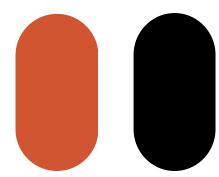
If you have more than three priorities then you don't have any.

James C. Collins



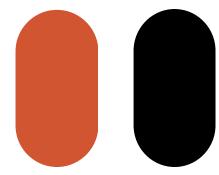
# **Eliminate Lesser Goals**

**Saying “No” to those helps maintain clarity & momentum.**



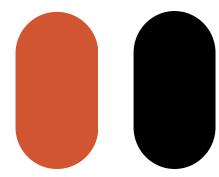
**Move from Need → Want → Know**





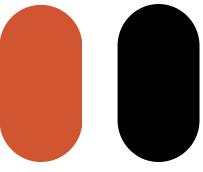
# Schedule Time for Priorities

— Your Calendar Should Reflect Your Future Self



# Schedule Time for Priorities

— Your Calendar Should Reflect Your Future Self



# Finish Work

— Imperfectly but Consistently

Know that despite your best predictions, your Future Self will likely be far different than you anticipate. Life will teach you more than you expect. Your Future Self is wiser than your present self can imagine.

With your time capsule in place, be your Future Self now.

Being is the first step of doing.

Do what your Future Self will do.

Know that what you want is already yours.

Commit 100 percent to your desired Future Self.

Remove lesser goals.

Turn every experience along the way into a gain.

Cheers to your Future Self.

Congratulations on the investment you made by reading this book.

Go now, and be your Future Self.